



Multi-County Cancer Support Network

Bedford, Coffee, Franklin, Grundy, Lincoln,
Marion, Moore, Warren

Volume 18, Number 10

October 2011

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*MCCSN is a registered section
501 (c) (3) nonprofit organization*

Office Hours:
8:00 a.m. – 11:30 a.m.
12:30 p.m. – 4:00 p.m.
Tuesday, Thursday, Friday

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Newsletter published monthly
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Ann Powell, Volunteer

Another successful Walk-A-Thon in the books!

The Multi-County Cancer Support Network (MCCSN) has just completed its 18th annual Walk-A-Thon, and I would like to take this opportunity to thank all the teams who participated, the volunteers who worked with Kay Bailey in the concession stand all day Friday preparing the food and serving it, the volunteer firemen from Capitol Hill Fire Department for again doing an outstanding job cooking the hamburgers and hotdogs, all who assisted Helen Stewart in preparing the luminaries, Lila Stubblefield and Bob Zimmerman and students for their help in placing the candles around the track, Steve Cagley and all the performers for an outstanding night of entertainment, the sheriff's department for security, the 278th guardsmen for giving of their time to raise and lower the flag, and the list goes on and on.

While there was some concern about attendance due to the high school's homecoming here in Winchester, and homecoming for Coffee County High against Tullahoma, it seems we were blessed with perfect weather which brought even more people out that Friday evening. As we all know, this event is the primary fund raiser for MCCSN, enabling the organization to provide emotional and financial support for local cancer patients and their families in the eight counties served. The amount donated was in the neighborhood of \$50,000; much lower than usual, but, considering the economic impact to this geographical area, it is all the more appreciated. Thank you for your attendance and to everyone who participated in any way! Because of YOU we can help OTHERS.

Thanks for coming!

A wonderful time of good fellowship, food, and making new acquaintances was enjoyed by those who attended the annual picnic, Thursday, September 1. Numerous prizes were won and laughs shared during the fun game of Bingo led by MCCSN President Cile Alexander and husband, David.

Thanks to everyone who came to help kick off the 2011 Walk-A-Thon.

Folding day

November newsletters
Tuesday, October 25, 9:00 a.m.
MCCSN office

Walk-A-Thon honoree and winners announced

Frank Cantrell of Tullahoma, a long-time cancer survivor and former MCCSN director and vice president, was presented the United States flag that was flown at the Walk-A-Thon.

Winner of the beautiful quilt donated by the Material Girls' Quilt Guild was Janie Woodall of Winchester.

For raising the most donations in their team's respective categories, plaques were presented to the Smith family of Shelbyville, Oaklawn Baptist Church in Winchester, and Tennessee Apparel in Tullahoma; while the Woodmen of the World were first to get their donations into the office and Cowan Cumberland Presbyterian Church was credited for showing the most enthusiasm.

Congratulations, all!

MCCSN Prayer List — Please pray for each person listed, their families and friends. Each month, the name(s) of the person(s) being added is shown in bold italics. Your help in keeping MCCSN informed about the status of each one is appreciated.

<p>Altamont: Darlene D. Brown Joanne Childers Patricia Myers</p> <p>Beechgrove: James C. Sherrill</p> <p>Beersheba: Brenda Perry</p> <p>Belvidere: Levi Howard Annie Dean King Ralph McGee Lynn Moss Gloria Simmons Marynell Stephens</p> <p>Chapel Hill Clara Bleirer</p> <p>Coalmont: Amanda Bean</p> <p>Cowan: Tim Lewis</p> <p>Dayton: Verenda Skiles</p> <p>Dechard: James Champion Ida Hill Nancy Hopkins Bill Kelley Boston Mantooth Leslie Kinslow Nard Charles Neely Darlene Taylor</p> <p>Estill Springs: Joyce Archey Mary Cathy Gladys Dutz Henry Dutz Mark A. Hill Sandra Hill Ann Hokirk Juanita Little Brian McDowell Elizabeth Peters Isabelle Rankin Billy Seals Marsha Ann Smith Tammy Taylor Elaine Weaver</p>	<p>Fayetteville: Becky Bankston Jim Chambers Bonnita Coulter Mary Doehring Edward Feaster Jeanette Keith Rachel Logan Jason Sisk Frances Street</p> <p>Gruetli-Laager: Geraldine Davis</p> <p>Hillsboro: Karen Barnes Billy L. Jones Kathy Webster Leland Whirrell Jasey Willis</p> <p>Huntland: Linda Baggett David Garner Lindsey Knoer Marie Moore</p> <p>Jasper: Tim Bowlin Allen Cash Delores Cash Brenda Johnson Cody Raulston</p> <p>Kelso: Janice May</p> <p>Lynchburg: Virginia Amacher Molly Johnston George Stovall</p> <p>Manchester: Jeannie Bowling Martha Buckley David Fiske Bonnie Gallaway Judy Garner Barbara Hall Gary Hall Mary Ellen Hawthorne Gene & Lois Holmes Jess Lewis, Jr. Ruth Mankin Debra Moreau Tony Morris Nancy Orange</p>	<p>Manchester (cont'd) Connie Sargent Gerald Adair Sinkfield Jean Waits Frederica Williams</p> <p>McMinnville: Carolyn Ashburn Hunter Bernhardt Connie Holt</p> <p>Monteagle: Doris Guyear Lewis Layne Jan G. Taylor</p> <p>Murfreesboro: Terry Jolley</p> <p>Normandy: Edna Brazier Robbie Sheffield</p> <p>Sewanee: Janet Jacobs George Sargent, Jr. Dolores Snowden Clifford Tomes Linda Faye Weaver</p> <p>Shelbyville: Ralph Bailiff Penny Barnes De De Bird-Reed Danielle Crosslin Alice Davis Debbie Fanning Cara Lee Francis Mike Head Marilyn Heron David Knight Clarice Mallard Frank Mantanona Louise McAlister D. Richard McCabe Wanda Gail McPeak Lori Mitchell Lisa Pigg Lisa Renegar Debbie Rogers Eva Sherrill Karen Smotherman Richard Warren Thompson Loretta Trust Betty Turner Lydia White</p>	<p>Smithville: Katasha Leggett Barbara Morris</p> <p>South Pittsburg: Lois Jean Norman</p> <p>Tracy City: Reba Cash Ralph Jones</p> <p>Tullahoma: Stanley Anderson Tabitha Baskin Wendy Batson Jerry Bryant Frank Cantrell Billy Glenn Clark Mary Ruth Clark Phil Copeland Carol Davis Nancy Davis Woody Dorrell, Jr. Juanita Dunlap Gail Eggleston Mary Hice Carol Hogan Edna Jackson Eric Johnson Dawn Kane George Knoer Dan Langford Viva Mansfield Carolyn Michael Ray Morgan Jayron Morris Cheryl Parker Bettie Patton Alan Pegram Alice Saine Sandy Sebren Georgia Short Becky Snell Joyce Stafford Peggy Underwood Elisabeth Zidan</p> <p>Wartrace: Casey Colvin Mary Floyd Debbie Hargrove</p> <p>Whitwell: Chris Caldwell Jacob Caldwell</p>	<p>Winchester: Josh Anderson Rebecca Baker Pam Burton Emily Carson Brandon Lee Clark Dot Cutrell Teresa Darwin Treica Davis Robert Everett Jackie Finney Donald Gipson Jo Ann Golder Dickie Hollis Janet Hudson Mike Hunt Patty Johnson Brenda Lines Richard Lockmiller Sunnye Mantooth Mary Ellen Miller Martha Moran Barbara B. Morris Eli Dexter Neyman II Wil Price Kim Ray Delbert Reed Kyle Reed Donna Sanders Dwight Schultz Stan Seig Helga Shockley Roy Tankersley Joe Tate Billy Wallace</p> <p>Out of State</p> <p>Georgia</p> <p>Mark Partington Larry Shelnuitt</p> <hr/> <p><i>"Generosity is not a money issue, it's a heart issue; and that is very profound in how you look at things."</i></p> <p>— Unnamed pastor on Dave Ramsey's Momentum website</p> <p>*****</p> <p><i>"Faith is the radar that sees through the fog."</i></p> <p>— Corrie ten Boom</p>
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So many to acknowledge!

The first page center column is a revised version of an article printed in local papers and written by MCCSN President Cile Alexander. Someone is most likely to be inadvertently omitted when attempting to acknowledge the many who participated in and contributed to the annual Walk-A-Thon; however, each one deserves recognition and is greatly appreciated – though that is not why they do what they do! – so here goes:

Ed Spencer – who delivers the stage to the stadium and sees that it is properly set up

Bunny Bread, Murfreesboro – continue to drive to Winchester each year to donate buns for the hotdogs and hamburgers

Coca Cola, Tullahoma – for always seeing that there is a coke wagon there

Sonic – contributing all the condiments

WalMart – for being so helpful with all the items that have to be purchased and for their many donations

Rhodon Ice Machine Company – loan of a nice big ice machine

Custom Pools – for their donation of the portable potties

Rural Metro – for giving of their time to be on hand in case of emergency

Tennessee Oncology – for all the shirts

Reliable Rental – tables, chairs, tents, etc

Carol Fulmer with Interlocal Waste – recycling and other trash disposal racks

Johnny Trussell – for his time and in furnishing equipment for a great sound system

Rev. Marty Nutter, Faith Lutheran Church, Tullahoma - featured speaker

Brenda Knight – programs, candle listings

Slow Dance

by David L. Weatherford

Have you ever watched kids
on a merry-go-round,
or listened to rain slapping the ground?

Ever followed a butterfly's erratic flight,
or gazed at the sun fading
into the night?

You better slow down,
don't dance so fast,
time is short, the music won't last.

Do you run through each day on the fly,
when you ask "How are you?",
do you hear the reply?

When the day is done,
do you lie in your bed,
with the next hundred chores running
through your head?

You better slow down,
don't dance so fast,
time is short, the music won't last.

Ever told your child,
we'll do it tomorrow,
and in your haste, not see his sorrow?

Ever lost touch, let a friendship die,
'cause you never had time to call
and say hi?

You better slow down,
don't dance so fast,
time is short, the music won't last.

When you run so fast to get somewhere,
you miss half the fun of getting there.

When you worry and hurry
through your day,
it's like an unopened gift thrown away.

Life isn't a race, so take it slower,
hear the music before your song is over.

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www.davidlweatherford.com**

Deepest Sympathy

to the families who have lost
loved ones
including the families of
Robert Bohanan Reba Cash
Peggy Nash Freida Stafford



*"... be strong in the grace
that is in Christ Jesus."
– 2 Timothy 2:1 NRSV*

A Tribute

You may have seen the poem at left in your e-mail – attributed to a young girl dying of cancer and supposedly, if you forward it to everyone you know, the American Cancer Society contributes to her research. Not true – but the poem is real and was actually written by David L. Weatherford, who passed away in January 2010 from cancer. More of his beautiful, inspirational writings can be enjoyed on his website, which his brother, Charlie, continues to keep up and who graciously gave permission for its use here. Thanks to Jan Hix, who was right in thinking the poem most appropriate for MCCSN's newsletter. Fate has given a most appropriate opportunity to pay tribute to the poem's rightful owner.

More Acknowledgments!

Ruth Sons – preparing the best tab MCCSN has ever had; Sandy Schultz – photography; distributing survivor shirts: Janet & Ray Torstenson; Robert Snell – hauling needed items to and from office; all volunteer workers; and last, only because space is running out: Treasurer Linda Goodman and Carla Glosson, office manager – whose workloads pick up immensely this time of year! All directors, officers, and YOU!

Multi-County Cancer Support Network
P. O. Box 1355
Tullahoma, TN 37388

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– **Senior Expo** –

– October 4 through October 7 –

For details and the date for this special event in your area

Contact Cathy Black 1-800-923-2203

Special

Notice

Donations and Memorials received

In Honor of

Joe Hardwick
by Mary Daniel

Ann Hokirk
by Betty Ann Chitwood

Sandra Stewart
by Terrie Jo and Jim Holland

In Memory of

Violet Austell
by Ann and R. D. McKenzie, Jr.

Joann Henley
by Duane and Leslie Brasfield
Lane, Liz, Bruce and Denise Smith

Paul Overbay
by Tom and Helen McGill

James (Slim) Perry
by Johnny and Betty Shasteen

Amos Reeves
by friends at
Lester, Greene, McCord Ins. Agcy.

Willie Bill Renegar
by Brenda and Jerry Hall

Linda Rogers
by Betty Ann Chitwood
Nell Parham

Debbie Steele
by Betty Shasteen

Melissa and Glenn Wenger, Jr.
by Mass Appeal Fitness
Center members
Ralph and Etha Underwood

Millard Wiggs
by Billy and Stephanie Rogers
