



Multi-County Cancer Support Network

Bedford, Coffee, Franklin, Grundy, Lincoln,
Marion, Moore, Warren

Volume 18, Number 11

November 2011

OFFICERS & DIRECTORS

Cile Alexander, *President*
Brenda Knight, *Vice President*
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Helen Rose - 2012
Ruth Sons - 2012
Fran Gray - 2013
Jim Neale - 2013
Dwight Schultz - 2013
Janet Torstenson - 2013

*MCCSN is a registered section
501 (c) (3) nonprofit organization*

Office Hours:
8:00 a.m. - 11:30 a.m.
12:30 p.m. - 4:00 p.m.
Tuesday, Thursday, Friday

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(when sending comments, news
items, i.e., show *monthly newsletter*
on subject line)
Website: www.mccsn.org

Newsletter published monthly
Associate Editors:
Office Manager Carla Glosson
Ann Powell, Volunteer

**Office Manager Carla Glosson
and all the volunteer staff
at MCCSN wish you
a Happy Thanksgiving!**

UP COMING EVENTS !

The officers, directors and office
manager of MCCSN are giving their
annual

CHRISTMAS BANQUET

And hoping everyone will come !

Thursday, December 1, 6:30 pm

At the MCCSN office
110 E. Lauderdale, Tullahoma

Turkey, ham and soft drinks will be
provided. Bring a covered dish and/or
dessert. Entertainment is planned for the
banquet.

Before our entertainment, we will have a
short Support meeting to elect new
officers and directors.

If you have any questions, please contact
Carla at the MCCSN office.

SPECIAL BENEFIT FOR MCCSN

JUST A REMINDER THAT THE
FABULOUS FIFTIES PRODUCTION WILL
BE HELD AGAIN IN MARCH 2012. MORE
INFORMATION WILL BE ANNOUNCED IN
FOLLOWING NEWSLETTERS.

WE INVITE EVERYONE TO "LIKE"
OUR FACEBOOK PAGE!

Information for Newsletter Folders

The December/January newsletters will
be ready for folding and labeling on
Tuesday, November 22, 9:00 a.m.
at the MCCSN office. Thanks everyone!

Daylight Saving Time ends

Sunday, November 6, 2011, 1:01 a.m.

Setting your clocks back the evening
before is always a good idea!

Treasurer's Report on the 18th Annual MCCSN Walk-A-Thon

The 2011 Walk-A-Thon brought in a net
total of \$53,771.28, itemized as follows:

Teams:	36,346.00
Candles:	15,654.00
Quilt:	1,357.00
Concessions:	1,097.60
Donations:	1,546.75
Total:	56,001.35
Expenses:	2,230.07

A big thanks to Tennessee Oncology
for providing the shirts for the walkers
valued at \$3900 and to Southern
Tennessee Medical Center for the
survivor shirts at \$2018.94.

An equally big thanks to everyone who
contributed in any way to help assist
those who come to MCCSN with special
needs.

MCCSN Prayer List — Please pray for each person listed, their families and friends. Each month, the name(s) of the person(s) being added is shown in bold italics. Your help in keeping MCCSN informed about the status of each one is appreciated.

<p>Altamont: Darlene D. Brown Joanne Childers Patricia Myers</p> <p>Beechgrove: James C. Sherrill</p> <p>Beersheba: Brenda Perry</p> <p>Belvidere: Levi Howard Annie Dean King Ralph McGee Lynn Moss Gloria Simmons Marynell Stephens</p> <p>Chapel Hill Clara Bleirer</p> <p>Coalmont: Amanda Bean</p> <p>Dayton: Verenda Skiles</p> <p>Dechard: James Champion Ida Hill Nancy Hopkins Bill Kelley Boston Mantooth Leslie Kinslow Nard Charles Neely Darlene Taylor</p> <p>Estill Springs: Joyce Archey Mary Cathey Gladys Dutz Henry Dutz Mark A. Hill Sandra Hill Ann Hokirk Juanita Little Brian McDowell Elizabeth Peters Isabelle Rankin Billy Seals Marsha Ann Smith Tammy Taylor Elaine Weaver</p>	<p>Fayetteville: Becky Bankston Jim Chambers Bonnita Coulter Mary Doehring Edward Feaster Jeanette Keith Rachel Logan Jason Sisk Frances Street</p> <p>Gruetli-Laager: Geraldine Davis</p> <p>Hillsboro: Karen Barnes Billy L. Jones Kathy Webster Leland Whirrell Jasey Willis</p> <p>Huntland: Linda Baggett David Garner Lindsey Knoer Marie Moore</p> <p>Jasper: Tim Bowlin <i>Cathie Brown</i> Allen Cash Delores Cash Brenda Johnston Cody Raulston</p> <p>Kelso: Janice May</p> <p>Lynchburg: Virginia Amacher Molly Johnston George Stovall</p> <p>Manchester: Jeannie Bowling Martha Buckley David Fiske Bonnie Gallaway Judy Garner Barbara Hall Gary Hall Mary Ellen Hawthorne Gene & Lois Holmes Jess Lewis, Jr. Ruth Mankin Debra Moreau Tony Morris Nancy Orange</p>	<p>Manchester (cont'd) Connie Sargent Gerald Adair Sinkfield Jean Waits Frederica Williams</p> <p>McMinnville: Carolyn Ashburn Hunter Bernhardt Connie Holt</p> <p>Monteagle: Doris Guyear Lewis Layne Jan G. Taylor</p> <p>Murfreesboro: Terry Jolley</p> <p>Normandy: Edna Brazier Robbie Sheffield</p> <p>Sewanee: Janet Jacobs George Sargent, Jr. Dolores Snowden Clifford Tomes Linda Faye Weaver</p> <p>Shelbyville: Ralph Bailiff Penny Barnes De De Bird-Reed Danielle Crosslin <i>Ed Cunningham</i> Alice Davis Debbie Fanning Cara Lee Francis Mike Head Marilyn Heron David Knight Clarice Mallard Frank Mantanona Louise McAlister D. Richard McCabe Wanda Gail McPeak Lori Mitchell Lisa Pigg Lisa Renegar Debbie Rogers Eva Sherrill Karen Smotherman Richard Warren Thompson Loretta Trust Betty Turner Lydia White</p>	<p>Smithville: Katasha Leggett Barbara Morris</p> <p>South Pittsburg: Lois Jean Norman</p> <p>Tracy City: <i>Cynthia Botts</i> Ralph Jones</p> <p>Tullahoma: Stanley Anderson Tabitha Baskin Wendy Batson Jerry Bryant Frank Cantrell Billy Glenn Clark Phil Copeland Carol Davis Nancy Davis Woody Dorrell, Jr. Juanita Dunlap Gail Eggleston Mary Hice Carol Hogan Edna Jackson Eric Johnson Dawn Kane George Knoer Dan Langford Viva Mansfield Carolyn Michael Ray Morgan Jayron Morris Cheryl Parker Bettie Patton Alan Pegram Alice Saine Sandy Sebrin Georgia Short Becky Snell Joyce Stafford Peggy Underwood Elisabeth Zidan</p> <p>Wartrace: Casey Colvin Mary Floyd Debbie Hargrove</p> <p>Whitwell: Chris Caldwell Jacob Caldwell</p>	<p>Winchester: Josh Anderson Rebecca Baker Pam Burton Emily Carson Brandon Lee Clark Dot Cutrell Teresa Darwin Treica Davis Robert Everett Jackie Finney Donald Gipson Jo Ann Golder Dickie Hollis Janet Hudson Mike Hunt Patty Johnson Tim Lewis Brenda Lines Richard Lockmiller Sunnye Mantooth Mary Ellen Miller Martha Moran Barbara B. Morris Eli Dexter Neyman II Kim Ray Delbert Reed Kyle Reed Donna Sanders Dwight Schultz Stan Seig Helga Shockley Roy Tankersley Joe Tate Billy Wallace</p> <p>Out of State</p> <p>Georgia: Mark Partington Larry Shelnut</p> <hr/> <p><i>"I tremble for my country when I hear of confidence expressed in me. I know too well my weakness, that our only hope is in God. — Robert E. Lee</i></p> <p>**** *</p> <p><i>"Love is a verb."</i></p> <p>— Jeff Short, <i>The Quiet Hour</i></p> <p>*****</p> <p><i>"Not what we say about our blessings, but how we use them, is the true measure of our thanksgiving." — W. T. Purkiser</i></p>
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Memorials received

In Memory of A. Woodard Acklen
by Jim and Alana Franklin

In Memory of Mary Ruth Clark
by Steven, Cindy and Caitlyn Callaway
James, Kimberly, Meagan, Matthew
and Andrew Clark
Kenneth & Lillie Clark
Willie Duckworth

In Memory of Jesse Farris
by V. E. Stumpf

In Memory of Rita Hatchett
by Aerospace Testing Alliance,
Arnold AFB TN
Jerry and Janice J. Higgins

In Memory of JoAnn Henley
by Ray and Elaine Weaver
Bob and Carole Willis

In Memory of Louise Holmes
by Mary Bennett

In Memory of Jean Ann Keele
by Unity Baptist Church, Tullahoma
Rev. David Wall

In Memory of Danny Kiser
by Cathie Brown

In Memory of Barbara Morris
by Annie K. Anderton

In Memory of Peggy Nash
by Bill and Sue Kolbe

In Memory of Linda Rogers
by Jim and Alana Franklin

In Memory of Joe Lynn Smith
by Jim and Alana Franklin

In Memory of Connell Taylor
by Mr. and Mrs. Jackie Taylor & family

In Memory of Lemoyne Tipps
by Joan and Butch Baker, Rex and Sue
Durm, Judy and Jerry Walrond, Billy
and Barbara Durm, Robin and Joyce
Durm

(continued center column)

Donation Received

Thomas H. Copeland

*Donations are an integral part in serving
clients having special needs.
Thank you!*

*"The excellence of a gift lies in its
appropriateness rather than in its value."*

—Charles Dudley Warner

Memorials (continued)

In Memory of Dr. Randall Vinson
by Cathie Brown

Helpful Hint

Get started early on your Christmas giving with MCCSN cookbooks. Those on your gift list will appreciate one. You'll find it has many delicious and practical recipes such as the one printed below. Willie Duckworth contributed the following recipe. Try it for Thanksgiving.

Amazing Chicken and Dumplings

2½ c. chicken broth, 2 flour tortillas,
3 T. flour, 2 boneless, skinless chicken
breasts- cooked and cubed, ½ c. milk

Bring broth to a rolling boil. Rub flour on both sides of the tortillas, using all the flour. Cut into 1½ inch pieces. Drop tortilla pieces into the boiling broth. Reduce heat, cover and let simmer 20 minutes. Stir in the chicken and milk until heated through.

Remove from heat, cover and let stand 10 minutes. Ready to serve.

Come by the office, for a small donation - pick up some of the cookbooks, sit and visit awhile!

Deepest Sympathy

to the families who have lost
loved ones
including the families of

Herbert Elliott James Lewter
Kellie Moyer Tommy Allen
Rita Hatchett



*". . . and so we will be with the
Lord forever. Therefore encourage
one another with these words."*

— I Thessalonians 4:17b,18 NRSV

MCCSN suggestions

All non-profit organizations are feeling the pinch from the economy. Many people are not as much affected by the slow economy as others but are holding back fearful of the future. If you are one of those, please consider carefully and, from your heart and abundance, help to assist those not so fortunate. A quote from a former president: "The only thing we have to fear is fear itself." And isn't it amazing how those in need themselves still find ways to help others? MCCSN greatly appreciates everyone's assistance, volunteer or financial, as do other organizations.

Invite someone, who otherwise would spend the day alone, to have Thanksgiving lunch or dinner with you and your family. A neighbor? A friend?

Volunteer at a local or nearby soup kitchen or a church that is providing meals for those in need or alone during the upcoming holiday season.

**Multi-County Cancer Support Network
P. O. Box 1355
Tullahoma, TN 37388**

RETURN SERVICE REQUESTED

Nonprofit Org.
US Postage
Paid
Tullahoma, TN
Permit No. 59

MAIL TO:

Honor a veteran on November 11 – Veterans Day

O beautiful for heroes proved

In liberating strife,

Who more than self

Their country loved,

And mercy more than life!

America! America!

May God thy gold refine,

Till all success be nobleness,

And every gain divine!

— Katherine Lee Bates' *America the Beautiful* (3rd stanza)