



Multi-County Cancer Support Network

Bedford, Coffee, Franklin, Grundy, Lincoln,
Marion, Moore, Warren

Volume 17, Number 6

June 2010

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*MCCSN is a registered section
501(c)(3)
nonprofit organization*

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subject line: monthly newsletter)

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The newsletter is published monthly
Associate Editors:
Carla Glosson, Office Manager
Ann Powell, Volunteer

17th Annual Walk-A-Thon plans underway

The Multi-County Cancer Support Network Walk-A-Thon held annually the second weekend in September is the primary means for the organization's continued assistance to people experiencing cancer. The varied types of support rendered are possible because of the participation of so many wonderful volunteers and donors. Tireless efforts of so many make the Walk-A-Thon successful year after year. Much is dependent on 'word of mouth,' so your assistance in getting the word out about MCCSN and the Walk-A-Thon is appreciated.

MCCSN's office manager, Carla Glosson, will be sending out information to organizations who have sponsored teams in the past. Carla is also available to provide information and sign-up forms to all who are new to the Walk-A-Thon.

These are reminders of ways you can assist with the Walk-A-Thon:

Organize a new *team(s)*, join and/or sponsor a walker(s) on an existing team. A 12 person team can be put together from your church, workplace or civic organization. Smaller teams are also welcome. If your workplace wishes to sponsor a team, please let them know their entry donation (\$50 per walker) is tax deductible (as are your individual donations).

Volunteer your time and talents. Our time is one of the most valuable things we have. If you have the desire to serve, MCCSN can certainly use your help.

Pray. Continue to lift up in prayer: MCCSN, the Walk-A-Thon, and those who are battling cancer.

Quilt Guild does it again!



What a great way to begin preparing for the 2010 Multi-County Cancer Support Network Walk-A-Thon! The Material Girl's Quilt Guild has selected a quilt to be given away in a drawing on Friday, September 10, at the annual Walk-A-Thon. Tickets are available for a one dollar donation and all proceeds will be donated to MCCSN. Words cannot adequately express appreciation for the Guild's continued support in making such a generous donation.

Named *Southern Tradition*, the quilt is large - 90" x 100" - between king and queen size. Reproduction fabric and a traditional pattern called Churn Dash were used. The colorful Churn Dash blocks, pieced using the Wrench design in an array of colors on white, against the background of olive green with small blue flowers make a striking and beautiful finish.

Tickets are available from:
MCCSN, 110 E. Lauderdale St.,
Tullahoma
Quilting Dreams, 114 SW Atlantic St.,
Tullahoma
Decherd Needle Works,
300 E Main St., Decherd
The Gift Shop at Southern Tennessee
Medical Center, Winchester
All Material Girls' Quilt Guild members



MCCSN Prayer List - please pray for each person listed, their families and friends; your help in keeping MCCSN updated on the status of each one is appreciated.

<p>Altamont: Joanne Childers Patricia Myers Frances Tate Beechgrove: Leonard Bennett Glenn Ford Peggy Jacobs Bill Logan Morgan Myers James C. Sherrill Beersheba: Hershel & Brenda Perry Bell Buckle: Kathryn Kimmins Belvidere: Barbara Burton Logan Groce Levi Howard Annie Dean King Ralph McGee Lynn Moss Gloria Simmons Clifton: Robert Miles Coalmont: Amanda Bean Cookeville: Stanley Kinslow Cowan: Tim Lewis Willa Wackerle Katherine Wilson Dayton Verenda Skiles Decherd: Wiley Baxter James Champion Tim Craig James B. Davis Richard Gipson Ida Hill Nancy Hopkins Bill Kelley Boston Mantooth Mabel Morris Leslie Kinslow Nard Charles Neely Terry Snell Zina Mirriam Womack Alden Woodall Estill Springs: Joyce Archey Sid Beckham Bob Burt Mary Cathey Polly Culbertson Kuldip Dhillon Gladys Dutz J. E. Hill Mark A. Hill William Ed Jackson Rita Kelley Juanita Little Brian McDowell Wanda Morris Elizabeth Peters</p>	<p>Estill Springs (cont.): Vicki Peters Isabelle Rankin Johnny Ray Lynn Robinson Wayne Sanders Elaine Weaver Fayetteville: Becky Bankston Bonnita Coulter Jeanette Keith Joyce Lester Rachel Logan Sherry Martin Frances Street William Wright Flat Creek: Debbie Fanning Flintville: Jean Hall Gruetli-Laager: Geraldine Davis Christy Honeycutt Hillsboro: Karen Barnes Joy Elliott Kathy Webster Leland Whirrell Jasey Willis Huntland: Linda Baggett Jason Deaton David Garner Benny Hill James Kincherlow Lindsey Knoer Marie Moore Joe Lynn Smith Jasper: Tim Bowlin Allen Cash Delores Cash Brenda Johnson Cody Raulston Kelso: Janice May Lynchburg: Virginia Amacher Molly Johnston Manchester: Jeannie Bowling Ina Brock Martha Buckley Hattie Burse Mary Bush Morris Cox David Fiske James Franklin Bonnie Gallaway Judy Garner Sarah Hale Barbara Hall Gary Hall Mary Ellen Hawthorne Gene & Lois Holmes</p>	<p>Manchester (cont.): Jess Lewis, Jr. Carolyn Lusk Ruth Mankin Tony Morris Nancy Orange Connie Sargent Erskine Sanders Gerald Adair Sinkfield Jean Waits Sharon Walker Frederica Williams Harlan Williams McMinnville: Carolyn Ashburn Hunter Bernhardt Donna Deland Connie Holt Monteagle: Doris Guyear Jan G. Taylor Murfreesboro: Mike Holstead Terry Jolley Nashville: Michelle Bush Mike Matheny Normandy: Edna Brazier Robbie Sheffield Rock Island: Sandra Grissom Sewanee: Erica deGrasse Janet Jacobs George Sargent, Jr. Dolores Snowden Clifford Tomes Linda Faye Weaver Shelbyville: Penny Barnes De De Bird-Reed Barbara B. Brown Danielle Crosslin Alice Davis Allen DeCosta Brett Desplinter Debbie Fanning Sammie Farris Cara Lee Francis Mike Head David Knight Dale Lovvorn Clarice Mallard Frank Mantanona Louise McAlister Johnnie McCoy D. Richard McKamey Wanda Gail McPeak Lori Mitchell Sue Morphis Marilyn Phillips Lisa Pigg Lisa Renegar Debbie Rogers James R. Smith Karen Smotherman</p>	<p>Shelbyville (cont.): Ezralee Swing Carolyn Thomas Loretta Trust Betty Turner Retha Vogel Lydia White Smithville: Katasha Leggett Barbara Morris South Pittsburg Lois Jean Norman Tracy City: Reba Cash De De Henley Ralph Jones Gloria McFarland Betty McGovern Alphene Nunley Sue Parson Dava Scott Marie Turner Tullahoma: Stan Alexander Barbara Allen Tabitha Baskin Wendy Batson Billy Glenn Clark Mary Ruth Clark Carol Davis Nancy Davis Woody Dorrell, Jr. Juanita Dunlap Dot Elam Margie Evans Dorothy Ferguson Billy G. Floyd Judy Gilliam Patricia Hardy Lisa Kay Hayes Mary Hice Carol Hogan Carol Holt Udeyne Hopper Edna Jackson LeRoy Jenke Eric Johnson Dawn Kane George Knoer Dan Langford Viva Mansfield Carolyn Michael Sherra Miller James W. Moore Ray Morgan Jayron Morris Phillip Oliver Alan Pegram Melinda Peterson George Rutland Becky Snell Joyce Stafford Amy Thomas Cheryl Underwood Peggy Underwood Michele Weddington</p>	<p>Tullahoma (cont.): James Yates Elisabeth Zidan Viola: Mary Alice Gamble Wartrace: Mary Floyd Nancy Glutch Debbie Hargrove Whitwell: Vera Bearden Chris Caldwell Jacob Caldwell Winchester: Josh Anderson Rebecca Baker Lucille Barker Doris Brock Thomas Brown Pam Burton Emily Carson Charles Thomas Clark Linda Commons Teresa Darvin Treica Davis Robert Everett Jackie Finney Donald Gipson Jo Ann Golder Linda Goodman Betty Hill Connie Hill Edward Horton Janet Hudson Mike Hunt Patty Johnson Brenda Lines Richard Lockmiller Sunnye Mantooth Martha Moran Barbara B. Morris Cora Morris Sherry Peacock Edith Pate Wil Price Kim Ray Delbert Reed Kyle Reed Donna Sanders Dwight Schultz Helga Shockley Mary Steele Sandra Stewart Roy Tankersley Mitchell Tucker Woodbury: Roberta Hill Out of State: Alabama: Lynda Rickles Florida: Tammy Bess Vince Lee (Tampa) Georgia: Angie Rutland Ohio: Frank Toparis Texas: Mary Pack</p>
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The Chaplain's Corner

The well known saying, "While there is life there is hope," has deeper meaning if we turn it around: "While there is hope there is life."

Hope comes first, life follows. Hope gives power to life. Hope rouses life to continue, to expand, to grow, to reach out, to go on.

Hope sees a light where there isn't any.

Hope lights candles in millions of despairing hearts.

Hope is a miracle medicine of the mind. It inspires a strong will to live.

Hope is the Physician's strongest ally and man's shield against defeat.

Alexander Pope wrote, "Hope springs eternal in the human breast." And as long as it does man will triumph and move forward. Hope never sounds retreat, hope revives ideals, renews dreams, revitalizes visions.

"The word which God has written on the brow of every man," wrote Victor Hugo, "is Hope." As long as man has hope no situation is hopeless.

(Some thoughts in this article came from author Wilferd A. Peterson)

Monthly Support Meeting

Come and bring a friend

Thursday, June 3, 7:00 p.m.

Church of the Nazarene
Hwy. 41-A
Estill Springs, TN

Guest Speaker:
MCCSN's Vice President Frank Cantrell
(related article on back page)

Refreshments served

Deepest sympathy

Deepest sympathy is extended to the families who have lost loved ones, including the families of

Horace L. Dunn
Debbie Nelson
Victoria Rigney



"My God shall supply all your need according to his riches in glory by Christ Jesus."

Philippians 4:19 (KJV)

Note of appreciation

We want to say "Thank You" so much for all the help you gave Randall during all those trips to Nashville for treatments. It was greatly appreciated. He lost his battle with Multiple Myeloma on April 1, 2010.

The Randall Hillis Family

Donations received

Employees of George Dickel Distillery
Tulahoma Area US BC Association

A Special Thanks from MCCSN

Cookbooks are still available at the MCCSN office and Winchester Antique Mall

Memorials received

In Memory of Bette Davis
by John Goodson

In Memory of Bobbie Dickinson
by V.C.S.

In Memory of Ronald Edward Durm
by Barbara Grant

In Memory of Ronald Edward Durm
by Kevin and Amanda Grant

In Memory of Porter Hardison
by Phil and Rachel Pruitt

In Memory of Lela Pearson
by Vergie C. Schwartz

In Memory of Ted Sisco
by Mildred and Frank Murphy

In Memory of Ken
on our 50th Wedding Anniversary
May 28th
by Doris Smith

In Memory of Doreen Sullivan
by Friends at the AMSC

Happenings this month

Cancer Survivor's Hope Forum

Thursday, June 17 – 7:00-8:00 p.m.
Heritage Medical Center
Shelbyville, TN

Newsletter folding

Tuesday, June 22 - 9:00 a.m.
MCCSN office

Wellness Expo

Thursday, June 24
9:00 a.m. – 12:00 noon
Coffee County Senior Citizens Center
410 N. Collins St., Tullahoma
Free health screening – Door prizes

**MCCSN
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Winchester, TN 37398**

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MCCSN Vice-President long time cancer survivor

Frank Cantrell is a long time cancer survivor. He was first diagnosed with Hodgkin disease in 1983. He had chemotherapy treatments which gave him almost ten years remission from the disease. Treatments in 1983 were not as advanced as today and he has seen much progress in cancer diagnosis and treatments. He participated in experimental treatments in the 1980's which now are routine medicine.

Frank continued to work as an engineer at AEDC until his retirement in 1995. Just as he was planning retirement a routine physical showed activity in his liver. It was a bitter disappointment to learn his lymphoma had returned. He again underwent chemo. He was thankful that treatments had advanced and the terrible affects had lessened some. He had five years remission and then liver functions again alerted the doctor that more treatments were needed. Frank now takes Rituxan, an antibodies treatment, about once a year.

Frank enjoys fishing, gardening and Oklahoma University football.