



# Multi-County Cancer Support Network

Bedford, Coffee, Franklin, Grundy, Lincoln,  
Marion, Moore, Warren

Volume 18, Number 7

July 2011

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*MCCSN is a registered section  
501 (c) (3) nonprofit organization*

*Office Hours:*  
8:00 a.m. – 11:30 a.m.  
12:30 p.m. – 4:00 p.m.  
Tuesday, Thursday, Friday

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Tullahoma, TN 37388  
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(when sending comments, news items, i.e., show *monthly newsletter* on subject line)  
*Website:* [www.mccsn.org](http://www.mccsn.org)

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Associate Editors:  
Office Manager Carla Glosson  
Ann Powell, Volunteer

## Preparing for the Walk-A-Thon

The Multi-County Cancer Support Network (MCCSN) Walk-A-Thon is just over two months away! The location and times are still the same: the football stadium on Dinah Shore Boulevard (next to the Franklin County Annex Building) in Winchester from 6:15 p.m. on Friday, September 9, until 8:00 a.m. on Saturday, September 10. Office Manager Carla Glosson will gladly provide information and answer all questions regarding the Walk-A-Thon. Feel free to call.

### How MCCSN is preparing

Sending letters to former & potential participants, sponsors & donors

Ordering T-shirts for walkers (to be distributed as teams register) and for survivors (will be available at the MCCSN office and Winchester Antique Mall)

Accepting team and survivor registrations

### How you can prepare

Volunteer at the office to prepare letters for mailing or call for other ways of volunteering for the Walk-A-Thon

Notify your sponsor - obtain a sponsor – be a sponsor

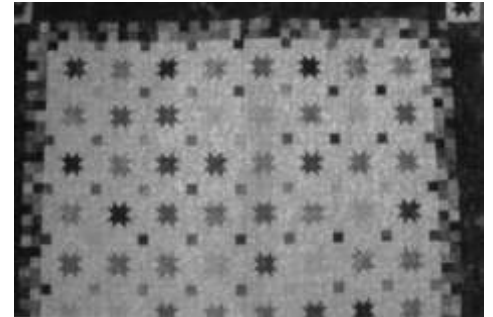
Form a team(s) of 12 members max (\$50 donation per member)

Contact MCCSN office to register teams as soon as possible

Secure T-shirt sizes for all walkers

Have talent? – contact Steve Cagley

## Material Girl's Quilt Guild makes donation



### Win this beauty!

For several years the Material Girl's Quilt Guild has donated a quilt to be given away to a lucky winner at the annual Walk-A-Thon. This year is no exception. For the 2011 Walk-A-Thon their members have created the masterpiece (only partially visible in the picture) shown above and placed it on display at Decherd Needle Works until July 1, when it will be moved to the Southern Tennessee Medical Center gift shop on the Cowan Highway in Winchester.

The quilt is 87" x 95" and has been named *Floating Stars in Batiks*. Batik is a type of material which has gone through a totally hand dyed process. The stars and squares are multi-colored on a tan background emphasized by a dark complimentary border.

To have an opportunity to be the winner, obtain a ticket(s) by simply making a \$1.00 (each) contribution for MCCSN at any of the locations listed on the last page of this newsletter or from a member of Material Girl's Quilt Guild. Tickets are also available at the MCCSN office.

**MCCSN Prayer List** — Please pray for each person listed, their families and friends. Each month, the name(s) of the person(s) being added is shown in bold italics. Your help in keeping MCCSN informed about the status of each one is appreciated.

<p><b>Altamont:</b> <i>Darlene D. Brown</i> Joanne Childers Patricia Myers</p> <p><b>Beechgrove:</b> James C. Sherrill</p> <p><b>Beersheba:</b> Brenda Perry</p> <p><b>Belvidere:</b> Levi Howard Annie Dean King Ralph McGee Lynn Moss Gloria Simmons Marynell Stephens</p> <p><b>Chapel Hill</b> Clara Bleirer</p> <p><b>Coalmont:</b> Amanda Bean</p> <p><b>Cowan:</b> Tim Lewis</p> <p><b>Dayton:</b> Verenda Skiles</p> <p><b>Dechard:</b> James Champion Ida Hill Nancy Hopkins Bill Kelley Boston Mantooth Leslie Kinslow Nard Charles Neely</p> <p><b>Estill Springs:</b> Joyce Archey Mary Cathey Gladys Dutz Henry Dutz Mark A. Hill Sandra Hill Ann Hokirk Juanita Little Brian McDowell Elizabeth Peters Isabelle Rankin Billy Seals Marsha Ann Smith Elaine Weaver</p>	<p><b>Fayetteville:</b> Becky Bankston Jim Chambers Bonnita Coulter <i>Mary Doehring</i> Jeanette Keith Rachel Logan Jason Sisk Frances Street</p> <p><b>Gruetli-Laager:</b> Geraldine Davis</p> <p><b>Hillsboro:</b> Karen Barnes Billy L. Jones Kathy Webster Leland Whirrell Jasey Willis</p> <p><b>Huntland:</b> Linda Baggett David Garner Lindsey Knoer Marie Moore</p> <p><b>Jasper:</b> Tim Bowlin Allen Cash Delores Cash Brenda Johnson Cody Raulston</p> <p><b>Kelso:</b> Janice May</p> <p><b>Lynchburg:</b> Virginia Amacher Molly Johnston George Stovall</p> <p><b>Manchester:</b> Jeannie Bowling Martha Buckley David Fiske Bonnie Gallaway Judy Garner Barbara Hall Gary Hall Mary Ellen Hawthorne Gene &amp; Lois Holmes Jess Lewis, Jr. Ruth Mankin Debra Moreau Tony Morris Nancy Orange</p>	<p><b>Manchester (cont'd)</b> Connie Sargent Gerald Adair Sinkfield Jean Waits Frederica Williams</p> <p><b>McMinnville:</b> Carolyn Ashburn Hunter Bernhardt Connie Holt</p> <p><b>Monteagle:</b> Doris Guyear Lewis Layne Jan G. Taylor</p> <p><b>Murfreesboro:</b> Terry Jolley</p> <p><b>Normandy:</b> Edna Brazier Robbie Sheffield</p> <p><b>Sewanee:</b> Janet Jacobs George Sargent, Jr. Dolores Snowden Clifford Tomes Linda Faye Weaver</p> <p><b>Shelbyville:</b> Penny Barnes De De Bird-Reed Danielle Crosslin Alice Davis Debbie Fanning Cara Lee Francis Mike Head Marilyn Heron David Knight Clarice Mallard Frank Mantanona Louise McAlister D. Richard McCabe Wanda Gail McPeak Lori Mitchell Lisa Pigg Lisa Renegar Debbie Rogers Eva Sherrill Karen Smotherman Richard Warren Thompson Loretta Trust Betty Turner Lydia White</p>	<p><b>Smithville:</b> Katasha Leggett Barbara Morris</p> <p><b>South Pittsburg:</b> Lois Jean Norman</p> <p><b>Tracy City:</b> Reba Cash Ralph Jones Sue Parson</p> <p><b>Tullahoma:</b> Stanley Anderson Tabitha Baskin Wendy Batson Jerry Bryant Frank Cantrell Billy Glenn Clark Mary Ruth Clark Carol Davis Nancy Davis Woody Dorrell, Jr. Juanita Dunlap Lisa Kay Hayes Mary Hice Carol Hogan Edna Jackson Eric Johnson Dawn Kane George Knoer Dan Langford Viva Mansfield Carolyn Michael James W. Moore Ray Morgan Jayron Morris Bettie Patton Alan Pegram Alice Saine Sandy Sebren Georgia Short Becky Snell Joyce Stafford Peggy Underwood Elisabeth Zidan</p> <p><b>Wartrace:</b> Casey Colvin Mary Floyd Debbie Hargrove</p> <p><b>Whitwell:</b> Chris Caldwell Jacob Caldwell</p>	<p><b>Winchester:</b> Josh Anderson Rebecca Baker Pam Burton Polly Ann Carleo Emily Carson Brandon Lee Clark Dot Cutrell Teresa Darwin Treica Davis Robert Everett Jackie Finney Donald Gipson Jo Ann Golder Dickie Hollis Janet Hudson Mike Hunt Patty Johnson Brenda Lines Richard Lockmiller Sunnys Mantooth Emily Moore Martha Moran Barbara B. Morris Eli Dexter Neyman II Dave Norwood Wil Price Kim Ray Delbert Reed Kyle Reed Linda Rogers Donna Sanders Dwight Schultz Helga Shockley Roy Tankersley Billy Wallace</p> <p><b>Out of State</b></p> <p><b>Georgia</b></p> <p>Mark Partington Larry Shelnut</p> <hr/> <p>"Man always travels along precipices. His truest obligation is to keep his balance."</p> <p>— Pope John Paul II</p> <p>"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."</p> <p>— Mark Twain</p>
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## Folding day

for August newsletters

Tuesday, July 26, 9:00 a.m.

**Thanks to all our volunteers!**

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## Notes of appreciation

The family of Loretta Grant acknowledges with grateful appreciation your kind expression of sympathy.

Thank you for all that you did for my mom during her sickness & thank you for the plant sent to the funeral home.

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The family of Mary Geierman acknowledges with grateful appreciation your kind expression of sympathy

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## Please advise of address changes

MCCSN is pleased to send the monthly newsletter to all interested parties; however, when it is no longer needed or if there is an address change, please take the time to notify the office so the name and address can be removed from the mailing list or an address change made.

For those who have chosen to read the newsletter on the website and receive a monthly notice, it is important to keep MCCSN apprised of any e-mail address change.

If you know someone who would like to receive the newsletter, please advise them they can read it at the end of each month on MCCSN's website [www.mccsn.org](http://www.mccsn.org) or call the office and place a request.

## Memorials received

In Memory of  
James Horard Eberhart, Sr.  
by Tom & Connie Miller

In Memory of Loretta Grant  
by the Carroll family  
Mike & Connie,  
Jordan Haley Tatum,  
Calista Rylie Luke

In Memory of Dr. Jim Limbaugh  
by Doris Knapper

In Memory of Betty Jo McCrary  
by Barbara Grant & Edwene Clay

In Memory of Grady Payne  
by Ann McKenzie

In Memory of Keith Walker  
by Mary Bennett  
Patricia Gilliam  
U.T. Space Institute

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## A Prayer for all times

Healing Creator--

At this very moment, I am confident that you are providing everything I need.

If I am afraid, you bring me courage;  
if I am in pain, you bring me comfort.

If I am worried,  
you bring me calm.

If I think I can't go another day,  
you bring me the strength to continue.

If I don't know how to pray, you intercede for me.

You are my source, my power, my all.

Thank you. Amen.

[submitted – name withheld]

## Deepest Sympathy

to the families who have lost loved ones including the families of

Loretta Grant

Jean Hall

Keith Walker



"To everything there is a season,  
A time for every purpose under heaven:  
A time to be born, and a time to die;  
... A time to weep, and a time to laugh;  
A time to mourn, and a time to dance; ..."

—Ecclesiastes 3:1,2a,4 NKJV

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## Circle of Light

The Circle of Light is a special ceremony of the Walk-A-Thon featuring center track luminary for those who have passed away from cancer since last year's walk.

The names of those persons you would like to include may be submitted through the MCCSN office.

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## Ideas welcomed

If you have suggestions for ways to improve or add to the activities at the annual Walk-A-Thon, they will be carefully considered by the MCCSN officers and board of directors. Submit your ideas to the office.

**Multi-County Cancer Support Network  
P. O. Box 1355  
Tullahoma, TN 37388**

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**Locations for quilt drawing tickets:**

In addition to the MCCSN office and Material Girl's Quilt Guild members:

**Quilting Dreams, 114 SW Atlantic St., Tullahoma TN 37388**

**Decherd Needle Works, 300 E. Main St., Decherd TN 37324**

**The Gift Shop at Southern Tennessee Medical Center, 185 Hospital Road, Winchester TN 37398**

Those in outlying areas may enter by mailing your donation(s) and information – name, address, contact number & purpose for the donation - to the MCCSN office. The office manager will prepare a ticket for you.

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**Suggested Scriptures for Encouragement**

"In the world you will have tribulation; but be of good cheer, I have overcome the world." – John 16:33b

"...consider that the sufferings of this present time are not worthy *to be compared* with the glory which shall be revealed in us." – Romans 8:18

"But He said 'The things which are impossible with men are possible with God'." – Luke 18:27

"...be strong in the grace that is in Christ Jesus." – 2 Timothy 2:1

"Yet in all these things we are more than conquerors through Him who loved us." – Romans 8:37

*All from The New King James Version*

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