



Multi-County Cancer Support Network

Bedford, Coffee, Franklin, Grundy, Lincoln,
Marion, Moore, Warren

Volume 17, Number 2

February 2010

OFFICERS & DIRECTORS

Cile Alexander, *President*
Frank Cantrell, *Vice President*
Vern Kalt, *Treasurer*
Jan Hix, *Secretary*

Jean Kalt, *Chaplain*
Ron Smith, *Sergeant at Arms*
Willie Duckworth, *Sunshine Chair*

Dottie Darnell - 2009
Janice Bowling - 2011
Willie Duckworth - 2009
Linda Goodman - 2010
Fran Gray - 2010
Brenda Knight - 2011
Jim Neale - 2010
Helen Rose - 2009
Ruth Sons - 2009
Lila Stubblefield - 2011
Janet Torstenson - 2010
Ray Torstenson - 2011

*MCCSN is a registered section 501(c)(3)
nonprofit organization*

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The newsletter is published monthly
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Ann Powell, Volunteer Assoc. Editor

(e-mail comments, news items -
subject line: monthly newsletter)

*Information in the newsletter is not intended
to replace medical advice. Consult your
physician before adopting any information
mentioned here.*

Services for MCCSN Treasurer held November 24

Services and burial with full military honors were held Tuesday, November 24, for Vernon E. 'Vern' Kalt, treasurer of Multi-County Cancer Support Network.

Vern and his wife, Jean, were among the original founders of the Multi-County Cancer Support Network. They have both continued to be active in all areas. Vern saw to his duties as treasurer up until the time of his death from cancer.

The love and sympathy of all the staff continue with the family in their loss.

***"Well done, thou good and faithful servant..."
Matthew 25.21a***

Everyone welcome at monthly support meetings

The next monthly support meeting will be on **Thursday, February 4, 7pm.**

Everyone is welcome at these meetings which are held at the Nazarene Church in Estill Springs. The church is located just off Hwy. 41-A on the south side of town.

Information for newsletter folders

Folding day for the March newsletters will be Tuesday, February 23, 9:00am.

Our regular volunteers are very much appreciated and newcomers are always welcome.

Report on Christmas Party

A special thanks to everyone who attended the annual MCCSN Christmas Party on December 3. It was a pleasure to see each one.

Those present enjoyed entertainment by a group from the Franklin County Senior Citizen's who call themselves the Good Time Guys and Gals Hillbilly Band. If you were unable to be at the party, hopefully you'll have another opportunity to see them perform.

Also, especially appreciated are the gifts donated for Monroe Carell Jr. Children's Hospital at Vanderbilt. The response was generous despite the existing times of recession. The gifts were delivered to the hospital personally by the president of MCCSN, Cile Alexander.

*"Adopt the pace of nature,
her secret is patience."*

—Ralph Waldo Emerson

Cookbooks make wonderful gifts

Valentine's Day is coming up! For that special someone, why not give one of the special cookbooks (published especially to benefit MCCSN) and accompany it with a delectable dessert made from one of the recipes? The cookbooks are available at the MCCSN office and the Winchester Antique Mall.

Happy Valentine's Day!



MCCSN Prayer List - Please pray for each person listed, for their families and friends;
help keep MCCSN updated on the status of each one

<p>Altamont: Joanne Childers Patricia Myers Frances Tate Beechgrove: Leonard Bennett Glenn Ford Peggy Jacobs Bill Logan Morgan Myers James C. Sherrill Beersheba: Hershel & Brenda Perry Bell Buckle: Kathryn Kimmins Belvidere: Barbara Burton Logan Groce Levi Howard Annie Dean King Ralph McGee Lynn Moss Gloria Simmons Clifton: Robert Miles Coalmont: Amanda Bean Cookeville: Stanley Kinslow Cowan: Tim Lewis Willa Wackerle Katherine Wilson Dayton Verenda Skiles Decherd: Wiley Baxter James Champion Tim Craig James B. Davis Richard Gipson Ida Hill Nancy Hopkins Bill Kelley Boston Mantooth Mabel Morris Leslie Kinslow Nard Charles Neely Terry Snell Zina Mirriam Womack Alden Woodall Estill Springs: Joyce Archey Sid Beckham Bob Burt Mary Cathey Polly Culbertson Kuldip Dhillon Gladys Dutz J. E. Hill Mark A. Hill William Ed Jackson Rita Kelley Juanita Little</p>	<p>Estill Springs (cont.): Brian McDowell Wanda Morris Elizabeth Peters Vicki Peters Isabelle Rankin Johnny Ray Lynn Robinson Wayne Sanders Elaine Weaver Fayetteville: Becky Bankston Bonnita Coulter Jeanette Keith Joyce Lester Rachel Logan Sherry Martin Jean Strobe William Wright Flat Creek: Debbie Fanning Flintville: Jean Hall Megan Walker Gruetli-Laager: Geraldine Davis Christy Honeycutt Hillsboro: Karen Barnes Joy Elliott Kathy Webster Leland Whirrell Huntland: Linda Baggett Jason Deaton David Garner Benny Hill James Kincherlow Lindsey Knoer Marie Moore Joe Lynn Smith Jasper: Tim Bowlin Allen Cash Delores Cash Brenda Johnson Cody Raulston Kelso: Janice May Lynchburg: Virginia Amacher Molly Johnston Manchester: Jeannie Bowling Ina Brock Martha Buckley Hattie Burse Mary Bush Morris Cox David Fiske James Franklin Bonnie Gallaway Judy Garner Sarah Hale Barbara Hall Gary Hall</p>	<p>Manchester (cont.): Mary Ellen Hawthorne Gene & Lois Holmes Jess Lewis, Jr. Carolyn Lusk Ruth Mankin Tony Morris Nancy Orange Victoria Rigney Connie Sargent Erskine Sanders Gerald Adair Sinkfield Jean Waits Sharon Walker Frederica Williams Harlan Williams McMinnville: Carolyn Ashburn Hunter Bernhardt Donna Deland Connie Holt Monteagle: Doris Guyear Samuel Lee Thomas Murfreesboro: Mike Holstead Terry Jolley Nashville: Michelle Bush Mike Matheny Normandy: Edna Brazier Robbie Sheffield Rock Island: Sandra Grissom Sewanee: Erica deGrasse Janet Jacobs George Sargent, Jr. Dolores Snowden Clifford Tomes Linda Faye Weaver Shelbyville: Penny Barnes De De Bird-Reed Barbara B. Brown Danielle Crosslin Alice Davis Allen DeCosta Debbie Fanning Sammie Farris Cara Lee Francis Mike Head David Knight Dale Lovvorn Clarice Mallard Frank Mantanona Louise McAlister D. Richard McKamey Johnnie McCoy Lori Mitchell Sue Morphis Marilyn Phillips Lisa Pigg Lisa Renegar Debbie Rogers James R. Smith</p>	<p>Shelbyville (cont.): Karen Smotherman Ezralee Swing Carolyn Thomas Loretta Trust Betty Turner Retha Vogel Smithville: Katasha Leggett Barbara Morris South Pittsburg Lois Jean Norman Tracy City: Reba Cash De De Henley Ralph Jones Gloria McFarland Betty McGovern Alphene Nunley Sue Parson Dava Scott Marie Turner Tullahoma: Stan Alexander Barbara Allen Wendy Batson Billy Glenn Clark Mary Ruth Clark Bette Davis Carol Davis Nancy Davis Woody Dorrell, Jr. Juanita Dunlap Dot Elam Margie Evans Dorothy Ferguson Billy G. Floyd Judy Gilliam Patricia Hardy Lisa Kay Hayes Mary Hice Carol Hogan Carol Holt Udeyne Hopper Edna Jackson LeRoy Jenke Eric Johnson Dawn Kane George Knoer Dan Langford Viva Mansfield Carolyn Michael Sherra Miller James W. Moore Ray Morgan Jayron Morris Alan Pegram Melinda Peterson George Rutland Becky Snell Joyce Stafford Amy Thomas Cheryl Underwood Peggy Underwood Michele Weddington James Yates</p>	<p>Viola: Mary Alice Gamble Wartrace: Mary Floyd Nancy Glutch Debbie Hargrove Whitwell: Vera Bearden Chris Caldwell Jacob Caldwell Winchester: Josh Anderson Rebecca Baker Lucille Barker Doris Brock Thomas Brown Pam Burton Emily Carson Charles Thomas Clark Linda Commons Teresa Darwin Treica Davis Robert Everett Jackie Finney Donald Gipson Jo Ann Golder Linda Goodman Betty Hill Connie Hill Edward Horton Janet Hudson Mike Hunt Patty Johnson Brenda Lines Richard Lockmiller Sunnye Mantooth Martha Moran Barbara B. Morris Cora Morris Sherry Peacock Edith Pate Wil Price Kim Ray Delbert Reed Kyle Reed Donna Sanders Dwight Schultz Helga Shockley Mary Steele Sandra Stewart Roy Tankersley Mitchell Tucker Woodbury: Jerry Franklin Roberta Hill Out of State: Alabama: Lynda Rickles Florida: Tammy Bess Vince Lee (Tampa) Georgia: Angie Rutland Ohio: Frank Toparis Texas: Mary Pack Katie Gossett Malinda Pugh</p>
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Deepest sympathy

to the families who have lost loved ones, including the families of

Pam Cribbs
Nancy Glueck
Raymond Hinshaw
Annie Hopper
Vernon E. Kalt
Ralph McKinney
Carolyn Swann



"Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the LORD forever."

— Psalm 23:6 NKJV

Important notice

MCCSN Officers Election

In accordance with Section 1 Article 4 of the Multi-County Cancer Support Network's by-laws, the election of MCCSN officers will be conducted during the support meeting on Thursday, February 4, at the Estill Springs Church of the Nazarene.

Those wishing to take part in the election need to meet the requirement of having attended at least three (3) support meetings in the last calendar year.

The election was originally set for the January meeting, which subsequently was cancelled. Directors whose present terms were scheduled to expire after 2009 are Dottie Darnell, Willie Duckworth, Helen Rose and Ruth Sons. All four have agreed to have their names placed in nomination.

Donations received

Donna Deland
FCE
Helen Rose
In Honor of Stewart Pharmacy by
Stewart Pharmacy Employees

Thanks from MCCSN

"It is possible to give without loving, but it is impossible to love without giving."

— Richard Braunstein

Notes of appreciation

To thank you sincerely for your kindness. You don't know what the money and support means to me in my time of trouble.

God Bless you all,
Alvin Steele

Thanks for the donation your organization made to help care for Annie. It was truly appreciated.

The family of Annie Hopper

Our heartfelt thanks to you for the help you've given us during our hard times. You have helped so much. Merry Christmas to all of you and may God bless all of you.

Charles & Lindsay Brandon

To the Staff & families of Multi County: Thank you for your help during my husband's illness and the lovely plant that was sent. My donation is not much, but I hope that it will help some family going through what Rick & I did. I pray that you all have a Merry Christmas and a very happy healthy New Year.

God Bless and thank you
Pam Bland

Drawing for antique quilt coming soon

Tickets for the antique quilt drawing are available for a one dollar donation through February from any MCCSN officer or director and at:

Winchester Antique Mall,
122 1st Avenue NW

MCCSN office
110 E. Lauderdale St., Tullahoma

People in the outlying counties may take advantage of the drawing by calling Janet Torstenson at 967-9930 or the MCCSN office, 1-800-497-4322.

The lucky winner will be notified by telephone and subsequently announced in the newsletter.

"Think of all the beauty still left around you and be happy."

— Anne Frank

Take advantage of these

Lincoln County Health Council's *Here's to Your Health Seminar*

Thursday, February 4, 5:00-8:00pm
West End Baptist Church
200 Morgan Av., Fayetteville, TN
Contact: Jim Neale 931-433-9493

The program will feature doctors and other health professionals talking on various types of cancer, mental health, and family wellness. Exhibits, refreshments, door prizes, food and exercise demonstrations are other important parts of the seminar.

Theme: "Education to enable attendees to better manage their health care"

Cancer Survivor's Hope Forum
Thursday, February 18, 7-8pm
Heritage Medical Center, Shellbyville
Contact: Pat Peller, 931-684-3359

MCCSN
P. O. Box 225
Winchester, TN 37398

RETURN SERVICE REQUESTED

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MAIL TO:



Memorials received

In Memory of Jackie Alexander
by Mr. and Mrs. David Alexander
Joanne P. Davis
Jean Kalt

In Memory of Carl Billingsley
by Kenneth and Bethye C. Nutt

In Memory of Rick Bland
by Pam Bland

In Memory of Kay Choate
by Jimmy and Sharon Marlow

In Memory of Pam Cribbs
by Willie Duckworth
Elk River Ladies Sunday School
Class
Mt. Olive Baptist Church
Johnny and Diana Seals

In Memory of Mary Curtis
by Mary Bennett

In Memory of Porter Hardison
by Phil and Rachel Pruitt

In Memory of Raymond Hinshaw
by Peggy H. Clark, Darlene Vanzant
and Lois H. Hodges

Memorials received

In Memory of Vern Kalt
by David and Cile Alexander
Wayne and Shirley Burch
Custom Pools and Spas
Willie Duckworth
Bob and Star Eaker
Pat Edwards
First Christian Church, Sparta
Brent and Carla Glosson
Jerry and Nancy Hall
Billy and Jan Hix
Lydia Curtis Johnson,
Denise Marshall, Kayle Daniel,
Juanita Bradford and
Nancy Ringer
Bobbie Jones
Joy Club and Sunshine Sunday
School Class - Winchester
Cumberland Presbyterian
Church
David and Brenda Knight
Frank and Millie Murphy
Helen Rose
Rick and Sheri Sells
Loyd and Kathleen Shelton
Joe Lynn and Beck Smith
Charles and Ruth Sons
Ed and Aline Spencer & family
Ray and Janet Torstenson
Rena Wanzee

Memorials received

In Memory of Chun Cha 'Annie'
Hopper
by Jimmy and Kay Crownover
Sadie Duncan
Sheri Sells and Louise Holt

In Memory of Ralph McKinney
by David and Cile Alexander

In Memory of Marvin Miller
by Goldie Miller

In Memory of John William Monks, Jr.
by Emma Bell

In Memory of Lynn Allen Norman
by Manchester Central High School
Class of 1976
Melba J. McBride

In Memory of Jeffery Shelton
by Willie Duckworth

In Memory of Rodney Tate
by Helen Rose

*"Sow good services; sweet
remembrances will grow from them."*

— Madame De Stael